

# Integrity means choosing to be truthful in whatever you say and do.

WEEK  
4  
1-15<sup>th</sup>

Read: Philippians 4:8



DAY  
1

## Those Kind of Things

Let's review this week's Bible story. Go to Philippians 4:8 and read it with someone in your house. This verse talks about all of the good things we should think and talk about. Use the verse to unscramble the words that are used to encourage us to have integrity.

rute, bonel, ghtri, urpe, excelentl, ovelyl, srecpet,

**Look for ways to think on these things.**

Answers: true, noble, right, pure, excellent, lovely, respect

DAY  
3

## Show Me The Truth

Ask God to help you see and act in truth this week. All month we learned about integrity and that we need to be truthful in whatever we say and do. God can help you with that if you ask!

"Dear God, Thank You for helping me learn about integrity this month and for being an example of integrity. God, I pray that I can always speak the truth and act in truth even when it's hard. I pray that I can live with integrity. Amen.

**Ask God to help you live with integrity.**

DAY  
2

## Focus Time

Putting our focus on something means that you think on those things with purpose. When we think about how we can do good things, we will do good. Take some time and focus on the good things that you can say and do to let people know you care. Pick one of those things and do it this week!

**Know that when you focus on the good others see your goodness.**

DAY  
4

## Just Ask

Think of a time that you may have not shown integrity. It could have been to a family member or friend. It is never too late to ask for forgiveness from them and from God! Write a note, draw a picture, or say a prayer and ask for forgiveness from whomever you need to. Let them know what you learned about having integrity and how you are learning to be better.

**Thank God for giving us the opportunity to have a relationship with him.**

Focus on what's true.

PARENT CUE

